



## STUDENT WELLBEING POLICY

### **Rationale:**

Our Lady's Catholic Primary School is committed to providing a safe and supportive learning community, based on the expectations of being *Safe, Responsible and Respectful*. The Gospel values of love, faith, hope and justice provide a foundation upon which our students build positive relationships with those around them.

We believe that Wellbeing is pivotal to the success of all students, families and staff. It is recognised that every member of our school community has an impact on the wellbeing of our students. We believe that wellbeing is brought to life through the actions, interactions and attitudes of all school community members.

Wellbeing is integral to learning excellence and ultimately to personal growth, positive self esteem and overall health and life success. Teaching wellbeing in our school enables a safe and respectful school community; connects children, young people, families and staff through collaborative and caring relationships; engages students through experiences that motivate, empower, and inspire; and reframes the learning of wellbeing as an integral component of broader academic learning.

### **Implementation:**

Wellbeing in our school is approached in a multifaceted way. We are guided by the CEM *eXcel: Wellbeing For Learning In Catholic Schools* document.

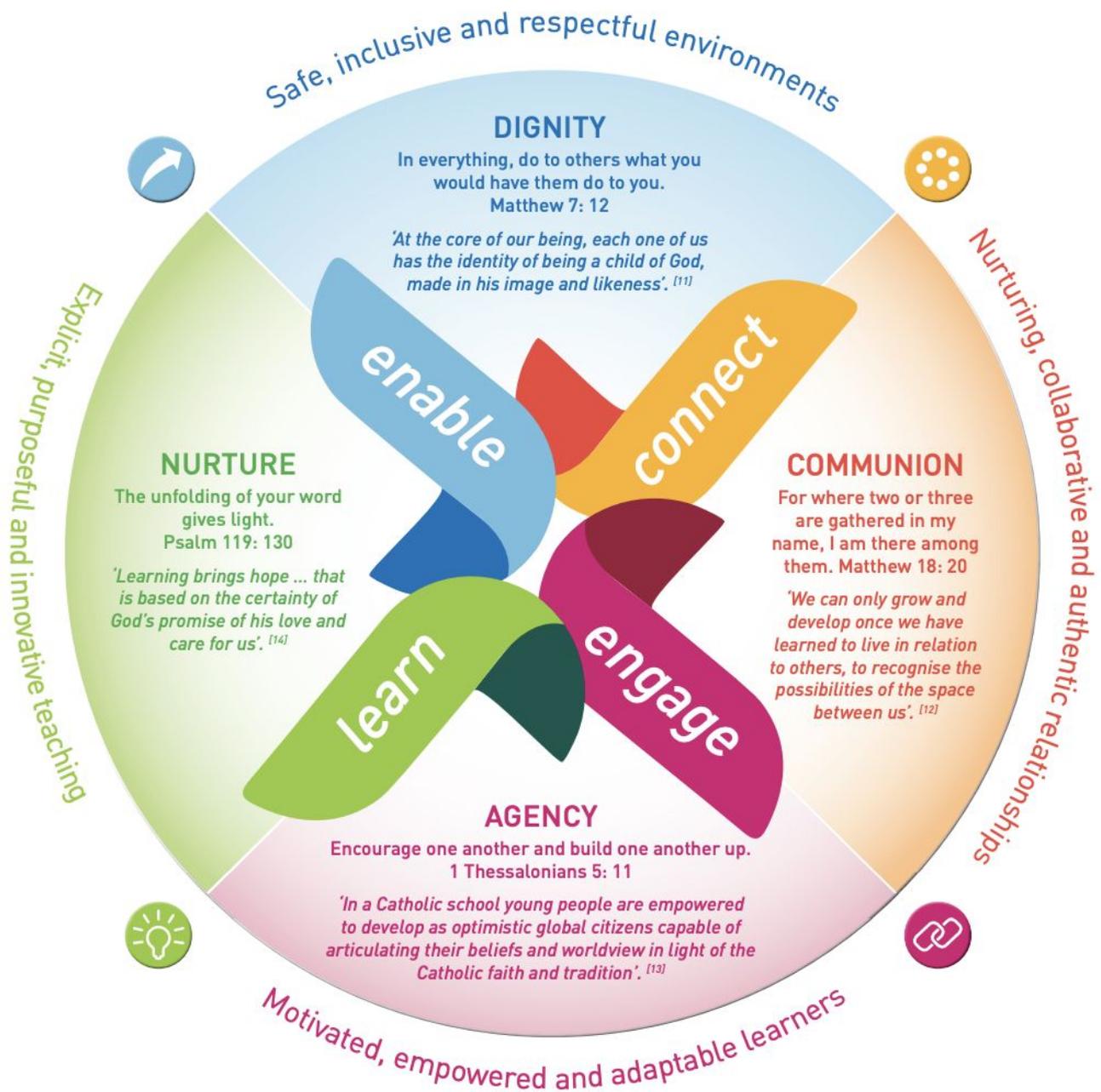
We understand that there are four key areas that assist students to realising their unique potential through physical, mental, emotional and spiritual development.

**Enable:** We enable students by creating safe, inclusive and respectful learning environments.

**Connect:** We connect students by encouraging nurturing, collaborative and authentic relationships

**Engage:** We engage students to become motivated, empowered and adaptable learners

**Learn:** We ensure learning by providing explicit, purposeful and innovative teaching



We understand that social connectedness, academic engagement and achievement, physical wellness and spiritual growth are interdependent. This holistic view recognises that wellbeing is both central to learning and an outcome of learning and that neither wellbeing nor learning can be viewed separately from the other. As part of the learning, our teaching is based on the Social and Emotional Learning Competencies so that our students develop skills to be self aware, manage their emotions, be socially aware, develop positive relationships and problem solve.

We also honour the sacred dignity of each person, embrace difference and diversity, honour equitable access and opportunity for all in order to build a culture of learning together.

**Other Policies:** Student Wellbeing is of utmost importance to our school and is therefore the focus of a number of other policies and procedures. Therefore this policy should be read in conjunction with a number of other policies including: Anti- Bullying Policy, Behaviour Policy, Child Safe Policy, Mandatory Reporting Policy and First Aid Policy.

August 2020